

**Boys & Girls Clubs of Carson
Elementary School Virtual Program
Friday April 24, 2020**

<p>Welcome!</p>	<p>Daily Introduction from BGCC Staff</p> <p>CLICK HERE</p>
<p>Healthy Habits Greet the Day!</p>	<p>Start your day with some simple stretches!</p> <p>CLICK HERE</p> <p>Then make a To Do List for a great start to your day!</p>
<p>Healthy Habits Get on the Move! Take a walk, play, or dance!</p>	<p>Freeze Dance! Here you will get to listen to some music to get you energized! When the music stops you FREEZE!</p> <p>CLICK HERE</p>
<p>Academic Success Get Crafty! Arts</p>	<p>Bubble Painting! You'll need: dish soap, paint, cups, straws, and paper.</p> <ol style="list-style-type: none"> 1. Mix half a cup of water with a squirt of dish soap and paint. 2. Put the cup under the construction paper. 3. Blow into the cup with a straw. 4. Let the bubbles overflow onto the paper to make a cool design! 5. Let dry! <p>CLICK HERE</p>
<p>Lunch</p>	<p>Did you wash your hands?</p>
<p>Character and Citizenship How Full is your Bucket?</p>	<p>Watch this short film on how a boy becomes good friends with his new dog and how he shows empathy for him. What do you think empathy is?</p> <p>CLICK HERE</p>
<p>Academic Success Get Ready! Explore a virtual field trip</p>	<p>Explore Tokyo Japan: City of Contrasts on this virtual field trip!</p> <p>CLICK HERE</p>
<p>Academic Success Power Hour</p>	<p>Find a quiet space to work on schoolwork. If you don't have any, play some math games on Math Playground!</p> <p>CLICK HERE</p>

Academic Success STEM DIY Science	Egg Drop STEM Challenge Here you will find things around your home to protect your egg from cracking! You can find things like tissue, old t-shirt or rag, recycling container, Styrofoam, strings, bags, and more! Fill a gallon or sandwich bag and try to protect your egg! CLICK HERE
Healthy Habits Life Skills	Follow along with these fun characters to find out why it's so important to brush your teeth! CLICK HERE
Healthy Habits Time to Unwind! Give yourself a break after a busy day	Relax and unwind while you watch a video of kids vs. zoo animals! CLICK HERE