

Boys & Girls Clubs of Carson

Elementary School – Monday April 13th

Character and Citizenship	Greet the Day! Mindfulness	Start your day with a “How am I Feeling?” journal write How are you feeling? If you are happy, what makes you happy? If you are sad, what can you do to feel better?
Healthy Habits	Get on the Move! Take a walk, play, or dance!	Let’s Play the Popcorn Game! Click Here
Character and Citizenship	Get Crafty! Arts	Make your own playdough! Here’s a quick and easy tutorial Click Here
	Lunch	Did you wash your hands?
Character and Citizenship	Smart Moves	Watch this video pep talk from Kid President Click Here
Academic Success	Get Ready! Explore a Virtual Field Trip	Let’s visit NASA! Click Here
Academic Success	Power Hour	Work on homework/activities teachers provided, and then watch this video/game on how to become an inventor. Click Here
Academic Success	STEM	Watch Episode 2 of how the SciGirls enlist the help of mentor to build a habitat to help the turtle population flourish Click Here
Academic Success	Life Skills Let’s Stay Healthy!	See how plastic is affecting our wildlife Click Here
Character and Citizenship	Time to Unwind! Give yourself a break after a busy day	Unwind with this episode of indoor recess Click Here

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