

**Boys & Girls Clubs of Carson
Elementary School Virtual Program
Thursday, April 16**

Welcome!	Daily Introduction from BGCC staff Click Here
Greet the Day!	Start the day with a positive journal entry! Topic: What are you thankful for today? Make a list and be aware of your feelings. You'll need you pen or pencil, notebook or paper
Get on the Move! Take a walk, play, or dance!	Home Family Fun Workout Check out this video for a workout you can do with family to be active in your homes CLICK HERE
Get Crafty! Arts	How to Draw Health Heroes Kids can use their unique expressions to create a health hero whether it be a doctor or nurse, this is a guide that can help them step by step. Check out the video! All you need is a paper, pencil/pen, crayons or markers. CLICK HERE
Lunch	Did you wash your hands?
Smart Moves Journal	Being A Good Citizen Watch this video about Good Citizenship and Social Skills and then write down how you are a good citizen and how you can be one. What can you do? CLICK HERE –Click Skip Ads
Academic Success Get Ready!	Take a virtual tour of the Amazon Rainforest! CLICK HERE What did you learn? What was your favorite part and your favorite animal?

Explore a Virtual Field Trip	
Power Hour	<p>Work on homework/activities teachers provided and then check out Math Vs Monsters, a math fact games where you fight monsters by answering math facts as quickly as you can! Select your grade and your starting skill.</p> <p>CLICK HERE</p>
STEM	<p>Build A Penny Bridge!</p> <p>Watch this video on a Fun STEM Engineering & Science Experiment and then try it at home. You'll need paper, plastic cups, and pennies.</p> <p>CLICK HERE –Skip Ads</p>
Life Skills	<p>Play this fun educational word search game on Human Body Parts. Use the clues and find the words. How many can you find and how quickly can you find them?</p> <p>CLICK HERE</p>
Time to Unwind! Give yourself a break after a busy day	<p>Unwind by watching this episode Peep and the Big Wide World: Spring Thing</p> <p>CLICK HERE</p>