

THURSDAY, APRIL 9TH

Character and Citizenship	Greet the Day! Mindfulness	Begin your day with these positive affirmations. Click Here
Healthy Habits	Get on the Move! Take a walk, play, or dance!	Let's try some Minecraft Yoga! Click Here
Character and Citizenship	Get Crafty! Arts	Contour Drawing Find a simple object to draw and try to draw it without lifting your pencil! Click Here
	Lunch	Did you wash your hands?
Healthy Habits	Smart Moves	Create a scavenger hunt Hide things all over the backyard or throughout the house and have kids race to find each clue. If you want to sneak even more exercise into this activity, include requirements with each clue, like "Do four cartwheels before moving on," or "Make up a funny dance." This activity is fun because it can be elaborate and long or short and sweet.
Academic Success	Get Ready! Explore a Virtual Field Trip	Take a journey through the hall of fossils. Click Here
Academic Success	Power Hour	Work on homework/activities teachers provided and play some math baseball Click Here
Academic Success	STEM	Watch Episode 1 of how the SciGirls will help the turtle population flourish Click Here
Character and Citizenship	Life Skills Let's Stay Healthy!	Part of being healthy is being kind to others. Stand Up for Others Not saying anything could make it worse for everyone. The kid who is bullying will think it is ok to keep treating others that way. What can you do if you see someone being bullied? Click Here

Character and Citizenship	Time to Unwind! Give yourself a break after a busy day	Unwind with these Aquarium of the Pacific coloring and activity pages Click Here
----------------------------------	--	---