

**Boys & Girls Clubs of Carson
Elementary School Virtual Program
Wednesday, April 15**

Welcome!	Daily Introduction from BGCC staff Click Here
Greet the Day!	Start the day with this Cosmic Kids Yoga Adventure inspired by the movie Trolls! CLICK HERE
Get on the Move! Take a walk, play, or dance!	Dance along with this “Rockabye” Zumba Kids Choreography! You can skip ads by clicking on SKIP ADS. Don’t forget to stretch and drink lots of water! CLICK HERE
Get Crafty! Arts	Birds Nest Collage-With Spring starting let's make a bird nest out of simple items. You will need: Large paper plate Brown paint Thin brown paper (tissue, greaseproof or packing will all work) Brightly colored card Wiggle eyes Scraps of yellow card or foam Glue CLICK HERE
Lunch	Did you wash your hands?
Leadership Smart Moves	Listen to “A Bad Case of Stripes” by David Shannon, read by Sean Astin CLICK HERE

Get Ready! Explore a Virtual Field Trip	Take a virtual tour of NYBG The Orchid Show: Jeff Leatham’s Kaleidoscope and enjoy beautiful Spring gardens and flowers! CLICK HERE
Power Hour	Work on homework/activities teachers provided and then practice your plural nouns by playing this Bumper Boat Bash game. It’s a multiplayer language arts game where you race by selecting the correct plural noun. CLICK HERE
STEM	<p>Bend Water with Static Electricity Science Demo</p> <p>You will need:</p> <p>A dry plastic comb</p> <p>An indoor faucet</p> <p>A head full of clean dry hair</p> <p>What to do</p> <ol style="list-style-type: none"> 1. Turn on the faucet and slowly turn down the water until you have a VERY thin stream of water flowing. 2. Take the plastic comb and brush it through your hair ten times. 3. Now slowly bring the comb close the flowing water, (without actually touching the water) If all goes well, the stream of water should bend towards the comb! Magic you ask? Not really. <p>How does it work?</p> <p>When you brushed that comb through your hair, tiny parts of the atoms in your hair, called ELECTRONS, collected on the comb. These electrons have a NEGATIVE charge. Remember that, it’s important. Now that the comb has a negative charge, it is attracted to things that have a POSITIVE charge. It is similar to the way some magnets are attracted to certain metals. When you bring the negatively charged comb near the faucet it is attracted to the POSITIVE force of the water. The attraction is strong enough to actually pull the water towards the comb as it is flowing! If you want to try another experiment with your comb, tear up pieces of tissue until they are as small as you can get them...I mean really small! Then charge your comb again by brushing it through your hair and bring it close to the tiny pieces of tissue. If the pieces are small enough they will jump off the table to the comb the same way that the water was pulled to the comb. It is all thanks to the wonders of static electricity.</p>
Life Skills	Create your own emotions chart by coloring a chart with 7 rows for each day of the week or print out one. Draw faces with different emotions. You can cut them up into squares and tapes them on the chart. How are you feeling today? Put how you feel everyday on your chart and practice self-regulation. Why do you feel that way, and is that how you want to feel? What can you do to change it? CLICK HERE

Time to Unwind! Give yourself a break after a busy day	Take a break by working on a puzzle you have at home, or play this 12-piece jigsaw puzzle online on The Kidz Page! <u>CLICK HERE</u>
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