

**GREAT FUTURES START HERE.**



**BGCC VIRTUAL PROGRAM: ELEMENTARY SCHOOL**

**MONDAY, MAY 18, 2020**

<b>Welcome!</b>	Introduction	Daily Introduction from BGCC staff <a href="#"><u>CLICK HERE</u></a>
<b>Healthy Habits</b>	Greet the day!	Greet this beautiful day with this song by Jack Hartmann. You can sing and move along. Have fun warming up your body and brain. Let's have a great day! <a href="#"><u>CLICK HERE</u></a>
<b>Healthy Habits</b>	Get on the Move! Take a walk, play, or dance!	Morning Kid's Workout: Wake Up Exercises Get on the move with this video routine you can easily do at home! Be safe and drink water!  <a href="#"><u>CLICK HERE</u></a>

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<b>Academic Success</b>	<b>Get Crafty! Arts</b>	<p>Paper Plate Fans Combat the heat by making these DIY fans at home! Materials: Paper plates, Scissors (with adult help), Glue or glue gun (with adult help), Large popsicle sticks, Markers or paint</p> <p><a href="#"><u>CLICK HERE</u></a></p>
<b>Lunch</b>	<b>Enjoy!</b>	<p>Did you wash your hands?</p>
<b>Character and Citizenship</b>	<b>Smart Moves!</b>	<p>Manners Check out this book read aloud, "Do Unto Otters: A Book About Manners" by Laurie Keller. Enjoy!</p> <p><a href="#"><u>CLICK HERE</u></a></p>

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<b>Academic Success</b>	Get Ready! Let's go on a virtual field trip	Take a virtual field trip of Butterfly World and learn about butterflies! <a href="#"><u>CLICK HERE</u></a>
<b>Academic Success</b>	Power Hour	Make sure to work on any homework assignments your teachers gave you and then you can practice your short A spelling. Play this fun mouse and cat game by trying to catch the correct letter water drops for short A words. <a href="#"><u>CLICK HERE</u></a>
<b>Academic Success</b>	STEM DIY Science	Penny Drop Experiment How many water drops do you think can fit on a penny? Check out this easy penny science experiment and make your prediction, observation, explanation, and application as a true scientist! You'll need: pennies, eyedropper or pipette, water, food coloring (optional), and small bowls <a href="#"><u>CLICK HERE</u></a>

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<b>Healthy Habits</b>	Life Skills	<p>Spin the Wheel of Coping Skills! Learn about safe and appropriate ways to cope and express yourself. You'll need: 2 paper plates, scissors, a paper fastener, and markers or crayons Click the link for more details!</p> <p><a href="#"><u>CLICK HERE</u></a></p>
<b>Healthy Habits</b>	Time to Unwind! Give yourself a break after a busy day	<p>After an eventful day, let's unwind by checking out this On &amp; Off-Flow video by GoNoodle. This exercise will teach you to turn high, stressful energy off so you can do what you need to do to be your best self.</p> <p><a href="#"><u>CLICK HERE</u></a></p>