

GREAT FUTURES START HERE.



BGCC VIRTUAL PROGRAM: ELEMENTARY SCHOOL

THURSDAY MAY 7, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff Click Here
Healthy Habits	Greet the Day!	Wake up with this fun morning yoga routine with animals! CLICK HERE
Healthy Habits	Get on the Move! Take a walk, play, or dance!	Get ready to go into the spider-verse with this awesome spider-verse workout! CLICK HERE Remember to stretch and hydrate!

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BOYS & GIRLS CLUBS
OF CARSON

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Academic Success	Get Crafty! Arts	<p>Blast off with this awesome recycled craft. Click the link to learn how to make a CD Alien Spaceship!</p> <p><u>CLICK HERE</u></p>
Lunch		Did you wash your hands?
Character and Citizenship	Smart Moves	<p>For this activity you will need a pencil and paper. Image yourself winning 1 million dollars. The million dollars you won is going to be given to someone in need. Who would you choose to help with the 1 million dollars you won and why? Give as many details as possible.</p>

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Academic Success	Get Ready! Explore a virtual field trip	Take a virtual field trip to Wyoming & Utah National park! <u>CLICK HERE</u>
Academic Success	Power Hour	Make sure to work on any homework assignments your teachers gave you and then you can play some marble math addition! <u>CLICK HERE</u>

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Academic Success	STEM DIY Science	In this fun paper towel chromatography experiment you will get the chance to see your design come to life! <u>CLICK HERE</u>
Healthy Habits	Life Skills-	Bored at home? Here are some chores you can do at home depending on your age! Click the link for more details! <u>CLICK HERE</u>
Healthy Habits	Time to Unwind! Give yourself a break after a busy day	Time to Relax! It's important to take time for yourself. For today, grab a piece of paper and a pen. Write, or draw how you're feeling. Listen to this soothing playlist while you do it! <u>CLICK HERE</u>