

GREAT FUTURES START HERE.



BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

THURSDAY, MAY 28, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff Click Here
Health & Motivation	Mentally Healthy	I want to share an amazing video that talks about ways to improve our mental health. Our mental health plays an important role in our lives, therefore it is imperative to check in with our mental health often. Hope you enjoy it!! Click Here
The Arts	Making Paper Snails	Let's make Paper Snails with BGCC's own Ms. Bri. Learn how to make paper snails with paper, something to color with, scissors, glue and a black marker. Click Here

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BOYS & GIRLS CLUBS
OF CARSON

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Education

Language

Let's Learn some Portuguese. Watch this Video and learn 100 phrases for beginners.

[Click Here](#)

Leadership

Take The Lead

Learn about Transformational leaders and leadership.

[Click Here](#)

**Sports &
Recreation**

**Recreation
workout**

Follow along with Coach Gareth who will show you how to play soccer at home. All you need is some space, and a creative mind. Keep up with Coach Gareth and see if you can do some cool interesting soccer tricks that you can practice and use in real games.

[Click Here](#)