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BOYS & GIRLS CLUBS  
OF CARSON

BGCC VIRTUAL PROGRAM: ELEMENTARY SCHOOL

THURSDAY, JUNE 25, 2020

<b>Welcome!</b>	Introduction	Daily Introduction from BGCC staff <a href="#">Click Here</a>
<b>Healthy Habits</b>	Health & Wellness	<u><a href="#">Time to Think</a></u> Reflecting on your emotions is important for your mental health. Grab a piece of paper and write about how your school year was. Was it fun? Stressful? Are you happy it is summer?
<b>Academic Success</b>	Get Crafty! Arts	<u><a href="#">Abstract Drawing Tutorial</a></u> Follow this video to learn how to create a 3D looking abstract drawing! All you need is a piece of paper and a black marker! *Click the "Skip Ad" button on the screen.  <a href="#">Click Here</a>

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<b>Healthy Habits</b>	Sports & Recreation	Fitness Break Next get moving and get some brain power with this Fitness Break exercise! <a href="#">Click Here</a>
<b>Academic Success</b>	DIY STEM	Scuba Diver STEM: Explore how buoyancy works with Mr. Connor and what we can do to overcome it in this interactive STEM experiment. Did it work for you? <a href="#">Click Here</a>
<b>Character and Citizenship</b>	Leadership	10 Gratitude Drawing Prompts: Get a better understanding of gratitude through art. Chose from 10 different gratitude drawing prompts. Click the link for more details! <a href="#">Click Here</a>