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BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

MONDAY, JUNE 29TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff <u>Click Here</u>
Health & Motivation	Healthy Living	You are NEEDED. Words of encouragement from the kid president now that he is older. <u>Click Here</u>
The Arts	DIY Craft	Mr. Wilfred shows us how to make a paper frog. Follow the step by step instructions and make your frog jump. <u>Click Here</u>

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Education	Science	Did you know that there is a science behind learning? Learn these 13 study tips that are backed by science! <u>Click Here</u>
Leadership	Take The Lead	Here are 5 tips on how to be a good leader. <u>Click Here</u>
Sports & Recreation	Sports	Love volleyball? Watch this video that teaches you 10 solo volleyball drills you can do right at home. Repetition is key. The more you practice, the better you will get. <u>Click Here</u>