

**GREAT FUTURES START HERE.**



**BOYS & GIRLS CLUBS**  
OF CARSON

**BGCC VIRTUAL PROGRAM: ELEMENTARY SCHOOL**

**FRIDAY, JULY 24<sup>TH</sup>, 2020**

<b>Welcome!</b>	Introduction	Daily Introduction from BGCC staff <a href="#">Click Here</a>
<b>Healthy Habits</b>	Health & Wellness	Banana Sushi Grab a flour tortilla and spread some peanut butter and/or Nutella all over the tortilla. Place a full peeled banana on the edge, then roll it up in the tortilla. Cut or have an adult cut the roll into slices and enjoy your banana sushi roll! (substitute for other spreads if you have any allergies) <a href="#">Click Here</a>
<b>Academic Success</b>	Get Crafty! Arts	Minecraft coloring pages If you're a fan of Minecraft, click the link to see a bunch of coloring pages. Print your favorite ones out and color them in! <a href="#">Click Here</a>

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<b>Healthy Habits</b>	Sports & Recreation	Stay active with these warmup exercises! Follow along and make sure to hydrate. <a href="#">Click Here</a>
<b>Academic Success</b>	Education	Water Balloon Yo-Yos: In this video, Ms. Tiffany demonstrates how to make a water balloon yo-yo with only two items. This activity takes minutes to make and is perfect for the summertime.  <a href="#">Click Here</a>
<b>Character and Citizenship</b>	Leadership	Positive Cootie Catcher Fortune Teller: This activity is great to do with friends! Write something positive to put a smile on someone's face. Click the link for more details.  <a href="#">Click Here</a>