GREAT FUTURES START HERE.

BOYS & GIRLS CLUBS OF CARSON

BGCC Virtual Program: Elementary School

Wednesday, July 29th, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff Click Here
Healthy Habits	Health & Wellness	Juice it up! With an adult's help grab your favorite fruit and turn it into a juice! Ex: If it is orange make orange juice. It's important to have fruits in your body.
Academic Success	Get Crafty! Arts	Rainbow Bubble Snake: In this video, Ms. Tiffany demonstrates how to create rainbow bubble snakes. Blowing Bubbles is a fun activity to do especially when the bubbles are colorful. Most of the materials used in this video can be found at home and it is very easy to make. Click Here

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Healthy Habits	Sports & Recreation	Enjoy this fitness circuit and try these 6 dynamic P.E. exercises. Keep active and healthy by following the video. Click Here
Academic Success	Education	Why do we lose control of our emotions? Simple, easy-to-understand whiteboard animation to help early Elementary-aged children gain an understanding of the way their brains work to recognize and manage their emotions. Click Here
Character and Citizenship	Leadership	How can you be a good friend? Click Here