

GREAT FUTURES START HERE.



BOYS & GIRLS CLUBS  
OF CARSON

BGCC VIRTUAL PROGRAM: ELEMENTARY SCHOOL

FRIDAY, AUGUST 14<sup>TH</sup>, 2020

<b>Welcome!</b>	Introduction	Daily Introduction from BGCC staff <a href="#">Click Here</a>
<b>Healthy Habits</b>	Health & Wellness	<b>Yogurt Parfait</b> In this video, Ms. Emilie teaches members how to use healthy, everyday foods to make a delicious snack. You will be able to make your own parfait and practice healthy habits at home! <a href="#">Click Here</a>
<b>Academic Success</b>	Get Crafty! Arts	<b>Bubble Wrap Stamp</b> If you've been getting lots of packages delivered, then this activity is for you! All you need is some bubble wrap, an empty toilet paper roll, a rubber band, and some paint! Cut a piece of bubble wrap big enough to wrap around the end of the toilet paper roll, then secure it with a rubber band. Dip your bubble wrap in some paint and create some cool art!

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<b>Healthy Habits</b>	Sports & Recreation	Get up and moving with this dance freeze song! Do your best to dance, hop, twirl, slide, freeze and more! Can you do the whole song? <a href="#">Click Here</a>
<b>Academic Success</b>	Education	How does the world look like in a different spectrum of light? <a href="#">Click Here</a>
<b>Character and Citizenship</b>	Leadership	How to Make Three Different Rubber Band Books: You can use these small books to keep important information on hand! Click the link for more details! <a href="#">Click Here</a>