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BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

TUESDAY, AUGUST 25TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff
Health & Motivation	Health & Motivation	Grab your Chalk and head outside as Ms. Hannah shows us how to make a positive message for others. Have fun and be creative for your sidewalk art. <u>Click Here</u>
The Arts	Get Crafty/The Arts	Have a dirty cap laying around the house that needs some cleaning? Watch this video to follow step by step instructions on how to properly wash a hat. <u>Click Here</u>

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Education	How it works!	Ever wonder how your brain processes information? These brain tricks and illusions help to demonstrate the two main systems of Fast and Slow Thinking in your brain. Click Here
Leadership	Take The Lead	With this Campaign of Kindness we're launching a worldwide challenge for all people to make it A Better World in any way they can. Small actions make a big difference! Click Here
Sports & Recreation	Sports	Want to be a faster athlete? Practicing your hand & eye coordination can definitely help with that! Watch this video that will show you a couple trainings you can do right at home to improve your hand & eye coordination. Click Here