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BOYS & GIRLS CLUBS  
OF CARSON

BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

THURSDAY, AUGUST 6TH, 2020

<b>Welcome!</b>	Introduction	Daily Introduction from BGCC staff <a href="#">Click Here</a>
<b>Health &amp; Motivation</b>	Health & Motivation	Have you ever sat down to take a math test and immediately felt your heart beat faster and your palms start to sweat? This is called math anxiety, and if it happens to you, you're not alone  <a href="#">Click Here</a>
<b>The Arts</b>	Get Crafty/The Arts	Hi everyone in today's video I shall be showing you how to create these tiny little mice bookmarks. They're super fun to do, very simple and very sweet when it's finished!  <a href="#">Click Here</a>

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<b>Education</b>	How it works!	Going on a road trip this summer? Mr. Josue teaches us how to make a cost-effective travel bottle to store your essentials on your trip. Please have a parent/guardian assist with this project. <a href="#"><u>Click Here</u></a>
<b>Leadership</b>	Take The Lead	Casey Neistat's teaches us to recognize how fortunate we are to live in the United States and go to a great school, we must seize this opportunity to help someone else who does not receive the same luxuries that we do. <a href="#"><u>Click Here</u></a>
<b>Sports &amp; Recreation</b>	Sports	Super fun and simple activity for kids of all ages and fitness levels! All you need is some sheets of paper and a water bottle. <a href="#"><u>Click Here</u></a>