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BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

FRIDAY, AUGUST 7TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff Click Here
Health & Motivation	Health & Motivation	Sitting down for brief periods can help us recover from stress or recuperate from exercise. But nowadays, our lifestyles make us sit much more than we move around. Click Here
The Arts	Get Crafty/The Arts	Let's learn how to create beautiful Paper greeting cards. Click Here

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Education	How it works!	Love gardening? Ms. Tiffany demonstrates how to make self watering planting pots. This is a fun DIY project and good for the environment. Click Here
Leadership	Take The Lead	The speaker shares a powerful story and how this teaching impacted her life. Teaching that “learning comes with effort and hard work, and that working hard is the key to success.” Click Here
Sports & Recreation	Sports	PE challenge at Home! Click Here