

GREAT FUTURES START HERE.



BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: ELEMENTARY SCHOOL

TUESDAY, SEPTEMBER 1ST, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff Click Here
Healthy Habits	Health & Wellness	Start the day with some themed yoga. Star Wars Yoga Click Here
Healthy Habits	Sports & Fitness	Join Coach Byron and Coach Jaliyah for some exercises to keep you active when you're at home. Make sure to follow along with a water bottle close by. Click Here
Character and Citizenship	Leadership	How to stay organized: Unsure how to stay organized? Here are several ways you can incorporate in your daily life to help you stay organized. Leaders are organized! Click the link to view the video. Click Here