

GREAT FUTURES START HERE.



BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: ELEMENTARY SCHOOL

THURSDAY, SEPTEMBER 25TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff Click Here
Healthy Habits	Get on the Move!	Ready to get your heart pumping? - Follow BGCC's own Ms. Monica as she guides through an awesome fitness workout that you can do at home! Click Here
Academic Success	STEM	The Egg Drop Challenge! Check out the link and video for this egg drop challenge science experiment on inertia. You will need: 1 plastic cup of water with a mouth wide enough to fit an egg, 1 10"inch (25cm) piece of cardboard or a small tray with a SMOOTH bottom, 1 cardboard tube (paper towel or toilet paper tube works), 1 egg Click Here Click Here
Character and Citizenship	Leadership	Finish the day with some time to yourself and check out The Listening Game from Cosmic Kids Zen Den-Mindfulness for kids. Enjoy! Click Here