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BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: HIGH SCHOOL

TUESDAY, SEPTEMBER 15, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff
Character and Citizenship	Leadership	Leadership Advice - 7 Tips for Success. Want to increase your leadership skills? Check out the video below! Click Here
Health & Wellness	Stress Management	It's important we take time to practice daily meditation and breathing techniques to focus on our well-being. Click Here
Arts	Get Crafty! Arts	In today's art activity, Ms. Kim shows us how to paint with ice and food colors. Show us what you can do and tag us on your social media. Click Here