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BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: HIGH SCHOOL

THURSDAY, SEPTEMBER 17, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff
Arts	Video Editing	Have you ever tried to make a TikTok only to be frustrated by the fact that you can't go back and trim your clips? In this video here is how to trim clips, re-order your clips, and make an awesome Tiktok! Click Here
Healthy Habits	Health & Wellness	Check out this video on Navigating Teen Life- about facts and information on Nutrition and Body Image. Click Here
Character and Citizenship	Confidence	Do you know how to look confident? When you walk into a room, go on a date or pitch at a meeting you want to make sure you look confident. In this video you will learn how to both feel and look more confident. Click Here