

GREAT FUTURES START HERE.



BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

TUESDAY, SEPTEMBER 1, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff Click Here
Health & Wellness	Health Care	Hair, how does it work? How does it grow? Let's learn a little about it with Chloe and the Nerb! Click Here
Get Crafty	The Arts	For this craft you will need: Disposable cup (the red ones) Scissors Next step you must cut the cup 8 times into strips make sure you leave 1/3rd of the cup uncut. (the bottom) Then just spin and Have fun! (spin while holding the bottom of the cup)
Sports & Recreations	Physical Wellness	Home fitness workout! Click Here