

GREAT FUTURES START HERE.



BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

TUESDAY, SEPT 15TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff
Health & Motivation	Healthy Living	What are the 5 Ways to Wellbeing? Click Here
Education	History	Learn the 50 States song Click Here
Sports & Recreation	Yoga	Ready for the whole family to take part? Roll out the mats for Jaime's mix of yoga, mindfulness and relaxation to get the weekend off to a fun, calm and balanced start. Click Here