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BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

FRIDAY, JUNE 18TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff
Health & Motivation	Healthy Living	Physical Activity Builds a Stronger Body Dinamita shows Luna all the good things that come from regular exercise <u>Click Here</u>
Education	How it works!	Our topic for today is Life Cycle of a Butterfly <u>Click Here</u>
Sports & Recreation	Sports	This Indoor Recess playlist includes Kitty High Five and Disco Brain from Awesome Sauce, and Zumba's Dance Dance Dance, then calms down with Victorious from Flow. <u>Click Here</u>