

GREAT FUTURES START HERE.



BGCC VIRTUAL PROGRAM: ELEMENTARY SCHOOL

THURSDAY, OCTOBER 1ST, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff
Healthy Habits	Sports & Recreation	Kids HIIT Workout 2: This exercise will build endurance, timing, coordination, and strength. For all ages, give it a try! Click Here
Academic Success	Get Crafty! Arts	Dr. Seuss Fork Painting: Create truffula trees from The Lorax with a fork! Materials: Forks, Washable paint (a few colors), spiral paper straw, glue, paper, plate for paint, water and napkin. Check out the link for further instructions! Click Here
Character and Citizenship	Leadership	Today Ms. Monica makes Bouncy Balls. Learn why borax makes glue a different consistency, if mistakes are made continue moving forward until your bouncy ball is perfect. Click Here