

GREAT FUTURES START HERE.



BGCC VIRTUAL PROGRAM: ELEMENTARY SCHOOL

FRIDAY, OCTOBER 2ND, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff
Healthy Habits	Health & Wellness	Yoga For Kids with Alyssa Kepas: Check out and do this yoga class that's just for kids at home! Enjoy and make sure to hydrate. Click Here
Academic Success	Get Crafty! Arts	In this video, Ms. Mia shows us how to create puffy paint using 3 simple ingredients. This is a fun way to paint on paper, canvases, sidewalks or an easy to clean location. Puffy paint is also so satisfying to play with, and you can create as many different colors as you'd like! Click Here
Character and Citizenship	Leadership	See how kids learn different ways to practice gratitude! Create a gratitude jar or even a journal! Click the link for more details. You will need: Sheets of paper or journal, colored pens, and a jar. Click Here