

GREAT FUTURES START HERE.



BGCC VIRTUAL PROGRAM: HIGH SCHOOL
TUESDAY, OCTOBER 6TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff Click Here
Academic Success	Self Introduction	Study Less, Study Smart- this video is a 6-minute summary of a great lecture focused on studying smarter. Click Here
Arts	Get Crafty! Arts	Learn how to paint with ice. Ms. Kim shows us how to make fun works of art to show off on social media. Click Here
Health & Wellness	Stress Management	Check out this Ted Talk about being stressed at school by Carley Rogers. Carley feels stress over performing well in school, and in this talk, she looks at it from the perspective of someone who would give anything to be in her place. She encourages us to find the positives. Click Here