

GREAT FUTURES START HERE.



BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

MONDAY, OCTOBER 12TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff
Health & Motivation	Healthy Living	Today, you'll explore how to control your emotions. Mastering your emotions is about maintaining self control and joy while you learn about developing strong emotional intelligence. Your mindset matters! It's all in the video. Click Here
Leadership	Take The Lead	Chase your greatness is the name of this video. This video provides an eye opener for many of us who are afraid to chase and reach our potential. Click Here
Sports & Recreation	Sports	Watch this video for a full at home workout. Stay hydrated! Click Here