

GREAT FUTURES START HERE.



BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

TUESDAY, OCTOBER 13TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff
Health & Motivation	Mindfulness	Help clear your mind in these difficult times. When our minds get busy and you can't focus, taking a walk can help clear our head. Just remember to practice social distancing as you do. Click Here
Academic Success	DIY Craft	Who knew you can make your own fabric dye? Grab some left over flowers and a piece of fabric you would like to try this DIY on. Make your own fabric dye with flowers with this video. Click Here
Education	College Tour	Make sure to take over any assignments you have from your teachers. If you have time let's take a college tour of the California State University—Bakersfield. Let's explore this campus. Click Here