

GREAT FUTURES START HERE.



BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

THURSDAY, OCTOBER 29TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff
Health & Motivation	Healthy Living	Everyday we need to wake up thinking that we want to be better than the person we were the day before, and that only comes from self discipline. This video talks about how to improve our self-discipline. Click Here
Leadership	Take The Lead	We talked to students from the California Association of Student Leaders on what they would do if they were president, and what it takes to be an awesome leader. We believe that kids CAN make a difference! Reflection: How do you plan on making a difference and being a leader in your school/community? Click Here
Sports & Recreation	Recreation workout	Join in for a 5-minute yoga session with a dinosaur theme to make it fun! Click Here