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BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

MONDAY, OCTOBER 5TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff Click Here
Education	French	Today we will learn French! Watch the video below to learn the top 25 must know French phrases. Click Here
Leadership	Take The Lead	The 7 habits of highly effective people. I hope you all enjoy it!! Click Here
Sports & Recreation	Sports	Let's get up and get active. Take some time to set up some cones or some set markers to work on your footwork, agility and acceleration. These drills apply to any sport and can help you become a better overall athlete. Focus on technique and get your form down first before you begin to speed up the drill. Click here