

GREAT FUTURES START HERE.



BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

FRIDAY, NOVEMBER 13TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff
Health & Motivation	Healthy Living	Being an awesome individual takes consistent work. Watch this video on how to take your awesomeness to the next level. Click Here
The Arts	DIY Craft	Summer is the best time to stay hydrated. Learn how to create this D.I.Y. lip balm to help keep moisture in your skin! This is perfect to use just as a lotion or a chap stick. Be sure to ask for a parent's permission before taking on this task. Click Here
Sports & Recreation	Sports	It's Friday! Let's play the cup game with Ms. Monica. Start off slow, then go faster and faster. Play with your family or friends and see how fast you can go! Click Here