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BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: HIGH SCHOOL

TUESDAY, DECEMBER 15TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff
Health & Wellness	Positive Self Talk	Three ways to practice positive self talk, Angie Sanchez shares information on how to keep your shine bright. Click Here
Arts	Get Crafty! Arts	Learn how to make silhouette art with a spray bottle. Ms. Kim shows us how to make creative designs show off on social media. Click Here
Health & Wellness	Music	In need of some relaxing background music to study with or unwind with? Check out this jazz and Bossa Nova cover of Michael Jackson hits and chill. Click Here