

GREAT FUTURES START HERE.



BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

WEDNESDAY, DECEMBER 16TH, 2020

Welcome!	Introduction	Daily Introduction from BGCC staff
Health & Motivation	Health & Motivation	Let's learn about our muscles!! <u>Click Here</u>
Academic Success	DIY Craft	Things you will need for this craft: Paper (Cardstock) paper should be a little thick, so paint won't go through if you don't have its ok. Black glue or white glue and just add black paint to make it black Watercolor paint or acrylic Paint brush Step1. Lay paint on paper and let it dry. (any shape or design) Step2. Paint the white spaces and have fun!
Sports & Recreation	Recreation workout	Let's work out and get our body moving! <u>Click Here</u>