

**GREAT FUTURES START HERE.**



**BOYS & GIRLS CLUBS**  
OF CARSON

**BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL**

**FRIDAY, DECEMBER 18<sup>TH</sup>, 2020**

<b>Welcome!</b>	Introduction	Daily Introduction from BGCC staff
<b>Health &amp; Wellness</b>	Health Care	Ever think why your nails grow? Or what they are for? Watch this and learn a little about our nails. <a href="#"><u>Click Here</u></a>
<b>The Arts</b>	DIY Craft	Let's create an origami box. You will need paper construction paper if you have it, if not white paper will be ok, now let's watch this video and follow the steps. <a href="#"><u>Click Here</u></a>
<b>Sports &amp; Recreation</b>	Sports & Recreation	I challenge you to a bottle flipping contest! <a href="#"><u>Click Here</u></a>