

**GREAT FUTURES START HERE.**



**BOYS & GIRLS CLUBS**  
OF CARSON

**BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL**

**WEDNESDAY, DECEMBER 2<sup>ND</sup>, 2020**

|                                |                     |   |
|--------------------------------|---------------------|---|
| <b>Welcome!</b>                | Introduction        | Daily Introduction from BGCC staff  |
| <b>Health &amp; Motivation</b> | Health & Motivation | Craving a healthy snack? Ms. Mia shows us how to make instant oatmeal jars. Go ahead and try this delicious and healthy snack next time you crave something sweet.<br><a href="#">Click Here</a>                  |
| <b>Academic Success</b>        | DIY Craft           | Watch 8 AWESOME DRAWING TRICKS FOR KIDS. You will learn how to draw a tree with cotton swabs, flowers with a bottle or amazing blossom tree, and dandelions. Hope you enjoy it!<br><br><a href="#">Click Here</a> |
| <b>Sports &amp; Recreation</b> | Recreation workout  | This is an underhand throwing, race against time challenge<br><a href="#">Click Here</a>  |