

**GREAT FUTURES START HERE.**



**BOYS & GIRLS CLUBS**  
OF CARSON

**BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL**

**TUESDAY, DECEMBER 8<sup>TH</sup>, 2020**

<b>Welcome!</b>	Introduction	Daily Introduction from BGCC staff
<b>Health &amp; Motivation</b>	Health and Motivation	What is Health? And how healthy are you? In this video, we will learn about health and wellness and how important it is to take care of our well being. <a href="#">Click Here</a>
<b>Academic Success</b>	DIY Craft	Reading faster is possible, even if speed reading isn't always the best way to go about it. Here are 5 methods you can use to read more books in less time. <a href="#">Click Here</a>
<b>Leadership</b>	Take the Lead!	In this video, Richard McMunn discusses how to be a great leader! It does not matter whether you are a Team Leader, the captain of a sports team, or the leader of a large organization, the 7 leadership skills contained within this video will enable you to make better, more effective decisions and allow you to grow a high-performing team! <a href="#">Click Here</a>