GREAT FUTURES START HERE.





Welcome!	Introduction	Daily Introduction from BGCC staff
Academic Success	Education	In this video, Ms. Monica demonstrates how to make crystals. We will use borax, food coloring, and boiling water. When done we will see how borax can either dissolve or bind together to create "crystals". Click Here
Healthy Habits	Sports & Recreation	Stay active with these warmup exercises! Follow along and make sure to hydrate. Click Here
Character and Citizenship	Leadership	Stay Calm!: Learn how to make a sensory bottle which is used as a calming tool to help anxious individuals. Click the link for more details! Click Here