

**GREAT FUTURES START HERE.**



**BOYS & GIRLS CLUBS**  
OF CARSON

**BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL**

**MONDAY, JANUARY 4<sup>TH</sup>, 2021**

<b>Welcome!</b>	Introduction	Daily Introduction from BGCC staff
<b>Health &amp; Motivation</b>	Health & Motivation	Watch this video that will give you a run down on how your immune system works. Understanding how your natural defenses work can better suit you to best boost your immune system, especially in the middle of a global pandemic. <a href="#">Click Here</a>
<b>The Arts</b>	Get Crafty/The Arts	Rainbow Bubble Snake: In this video, Ms. Tiffany demonstrates how to create rainbow bubble snakes. Blowing Bubbles is a fun activity to do especially when the bubbles are colorful. Most of the materials used in this video can be found at home and it is very easy to make. <a href="#">Click Here</a>
<b>Leadership</b>	Take The Lead	Kids give an important reminder to be kind to others, regardless of our differences, and inspire hope for the future. <a href="#">Click Here</a>