

GREAT FUTURES START HERE.



BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

FRIDAY, MARCH 5TH, 2021

Welcome!	Introduction	Daily Introduction from BGCC staff
The Arts	DIY Craft	If you have any old clothes you don't often wear, try tie dye! In this video, you will learn 4 different ways you can tie dye your shirts. Click Here
Leadership	Take The Leader	Let's get comfortable with being uncomfortable. Watch this ted talk on staying motivated and not giving on dreams. Click Here
Health & Motivation	Health & Living	Ms. Mia will show us how to create a vanilla brown sugar body scrub using 3 simple ingredients. Body scrubs are a great way to exfoliate your skin. This scrub smells so good and is a great substitution from all those scrubs filled with essential oils. Make sure to ask for your parent's permission before creating this project and avoid using anything you are allergic to. Have fun and enjoy! Click Here