## BGCC VIRTUAL PROGRAM: HIGH SCHOOL THURSDAY, MARCH 18TH, 2021

4	Welcome!	Introduction	Daily Introduction from BGCC staff
**	Health Habits	Health & Wellness	Check out this video on Navigating Teen Life- about facts and information on Nutrition and Body Image.  Click Here
	Academic Success	College Workshop	In this virtual lesson Ms. Natalie discusses the A-G requirements needed to enroll in to a 4-year college. Are you on track? Feel free to reach out to us for support.  Click Here
	Character and Citizenship	Character	Sometimes we do not realize the impact we may have on others. This video will make you reevaluate how we touch other's lives and what we could do make sure others remember us as being kind.  Click Here