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## BGCC VIRTUAL PROGRAM: HIGH SCHOOL WEDNESDAY, APRIL 7<sup>TH</sup>, 2021

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1	Welcome!	Introduction	Daily Introduction from BGCC staff
	Health & Wellness	Money Matters	In this Money Matter lesson, Ms. Wendy discusses how to organize your spending and track your expenses.  Click Here
	Sports & Recreation	Core	A core workout with Chloe Ting to target your abs and love handles. This routine requires no equipment  Click Here
	Character and Citizenship	Leadership	Who are you? No, really, who are you? What makes you, you? Psychologists like to talk about our traits, or defined characteristics that make us who we are. Join Brian Little as he dissects the surprising differences between introverts and extroverts and explains your personality.  Click Here