

GREAT FUTURES START HERE.



BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL

THURSDAY, MARCH 18TH, 2021

Welcome!	Introduction	Daily Introduction from BGCC staff
Leadership	Take The Lead	The message in this video is about getting out of your comfort zone and rising to challenges. You are going to be forced out of your comfort zone and forced to step up and RISE UP to this new challenge Click Here
Art	DIY Craft	Want to take better photos? Avoid these beginner's mistakes and shoot photos like a pro. Click Here
Sport & Recreation	Recreation workout	This video discusses the benefits of doing push-ups on the regular. How often do you do push-ups? They're among the most basic exercises invented. So let's get started Click Here