

GREAT FUTURES START HERE.



BOYS & GIRLS CLUBS
OF CARSON

BGCC VIRTUAL PROGRAM: ELEMENTARY SCHOOL

FRIDAY, APRIL 16TH, 2021

Welcome!	Introduction	Daily Introduction from BGCC staff
Healthy Habits	Health & Wellness	<i>Music to your ears.</i> Grab a pair of headphones and a device to play music. Play a song that relaxes you and listen to the sound of the instruments. It's important to appreciate the things we like for our mental health.
Academic Success	Get Crafty! Arts	Fireworks Take an empty toilet paper or tissue roll and cut about a quarter of an inch thick slivers all around one end. Cut them to the same length, then fold the slivers outward. Pour and/or mix a few different colors of paint onto a paper plate then dip the roll sliver side down into the paint. Stamp the roll onto a piece of paper a few times to create fireworks! Click Here
Healthy Habits	Sports & Fitness	Get Active Stay flexible and fit with this Yoga for Kids. Learn some sports exercises and gain strength and toning. Click Here