## BGCC VIRTUAL PROGRAM: HIGH SCHOOL

TUESDAY, APRIL 13TH, 2021

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4	Welcome!	Introduction	Daily Introduction from BGCC staff
	Academic Success	Education	20 ways to make money as a teenager- Check out this video on 20 unique and practical ways to make money as a teenager.  Click Here
	Sports & Recreation	Back Exercises	Sitting at home all day can cause back pain. Here are exercises you can do at home, without equipment, to strengthen your back.  Click Here
1 11	Health & Wellness	Health and Wellness	About 70% of communication is told through body language, before someone even speaks, we already have made assumptions of what they are like, just by the way they carry themselves. So Ms. Lauren provides 5. Do's and Don'ts that can help portray Confidence, Attractiveness and Respect.  Click Here