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BOYS & GIRLS CLUBS
OF CARSON



BGCC VIRTUAL PROGRAM: HIGH SCHOOL THURSDAY, APRIL 22TH, 2021

Ī	Welcome!	Introduction	Daily Introduction from BGCC staff
	Sports & Recreation	Morning Routine	Do you want to end the vicious cycle of failed attempts to get rock-hard abs? Making your belly fit and flat isn't that hard — you only need to eat healthy, which is an important part of getting in shape, and do a set of simple exercises regularly Click Here
	Academic Success	Money Habits	In this college and career workshop, Ms. Natalie discusses careers in the entertainment field. Learn about opportunities behind the scenes, in front of the camera, and more. Click Here
	Character and Citizenship	Introvert Leadership	How to get motivated to study! Hopefully, this video gives you some study motivation and helps you be motivated to study! Click Here