

**GREAT FUTURES START HERE.**



**BGCC VIRTUAL PROGRAM: MIDDLE SCHOOL**

**MONDAY, APRIL 26<sup>TH</sup>, 2021**

<b>Welcome!</b>	Introduction	Daily Introduction from BGCC staff
<b>Healthy &amp; Motivation</b>	Health and Motivation	Have you ever sat down to take a math test and immediately felt your heart beat faster and your palms start to sweat? This is called math anxiety, and if it happens to you, you're not alone <a href="#">Click Here</a>
<b>Sports &amp; Recreation</b>	Sports	Super fun and simple activity for kids of all ages and fitness levels! All you need is some sheets of paper and a water bottle. <a href="#">Click Here</a>
<b>Leadership</b>	Take the Lead	Casey Neistat's teaches us to recognize how fortunate we are to live in the United States and go to a great school, we must seize this opportunity to help someone else who does not receive the same luxuries that we do. <a href="#">Click Here</a>